

Please pass this on to all Veterans on your e-mail list.

Below are web-sites that provide information on Veterans benefits and how to file/ask for them.

Appeals http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch05.doc
Board of Veteran's Appeals <http://www.va.gov/vbs/bva/>
CARES Commission <http://www.va.gov/vbs/bva/>
CARES Draft National Plan <http://www1.va.gov/cares/page.cfm?pg=105>
Center for Minority Veterans <http://www1.va.gov/centerforminorityveterans/>
Center for Veterans Enterprise <http://www.vetbiz.gov/default2.htm>
Center for Women Veterans <http://www1.va.gov/womenvet/>
Clarification on the changes in VA healthcare for Gulf War Veterans
<http://www.gulfwarvets.com/ubb/Forum1/HTML/000016.html>
Classified Records - American Gulf War Veterans Assoc
<http://www.gulfwarvets.com/ubb/Forum18/HTML/000011.html>
Compensation for Disabilities Associated with the Gulf War Service
http://www.warms.vba.va.gov/admin21/m21_1/part6%20ch07.doc
Compensation Rate Tables, 12-1-03 <http://www.vba.va.gov/bln/21/Rates/comp01.htm>
Department of Veterans Affairs Home Page <http://www.va.gov/>
Directory of Veterans Service Organizations
<http://www1.va.gov/vso/index.cfm?template=view>
Disability Examination Worksheets Index, Comp
<http://www.vba.va.gov/bln/21/Benefits/exams/index.htm>
Due Process http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc
Duty to Assist http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc
Electronic Code of Federal Regulations <http://www.gpoaccess.gov/ecfr/>
Emergency, Non-emergency, and Fee Basis Care
<http://www1.va.gov/opa/vadocs/fedben.pdf>
Environmental Agents <http://www1.va.gov/environagents/>
Environmental Agents M10
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1002
Establishing Combat Veteran Eligibility
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=315
EVALUATION PROTOCOL FOR GULF WAR AND IRAQI FREEDOM VETERANS WITH
POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)
<http://www1.va.gov/gulfwar/docs/DUHandbook1303122304.DOC> and
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158
See also, Depleted Uranium Fact Sheet
<http://www1.va.gov/gulfwar/docs/DepletedUraniumFAQSheet.doc>
EVALUATION PROTOCOL FOR NON-GULF WAR VETERANS WITH POTENTIAL
EXPOSURE TO DEPLETED URANIUM (DU)
<http://www1.va.gov/gulfwar/docs/DUHANDBOOKNONGW130340304.DOC>
Fee Basis, PRIORITY FOR OUTPATIENT MEDICAL SERVICES AND INPATIENT HOSPITAL
CARE http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=206 Federal
Benefits for Veterans and Dependents 2005 <http://www1.va.gov/opa/vadocs/fedben.pdf>
OR, http://www1.va.gov/opa/vadocs/current_benefits.htm
Forms and Records Request <http://www.va.gov/vaforms/>
General Compensation Provisions
http://www.access.gpo.gov/uscode/title38/partii_chapter11_subchaptervi_.html
Geriatrics and Extended Care <http://www1.va.gov/geriatricsshg/>
Guideline for Chronic Pain and Fatigue MUS-CPG
http://www.oqp.med.va.gov/cpg/cpgn/mus/mus_base.htm
Guide to Gulf War Veteran's Health <http://www1.va.gov/gulfwar/docs/VHlgulfwar.pdf>
Gulf War Subject Index

<http://www1.va.gov/GulfWar/page.cfm?pg=7&template=main&letter=A>
Gulf War Veteran's Illnesses Q&As
<http://www1.va.gov/gulfwar/docs/GWIllnessesQandAsIB1041.pdf>
Hearings
http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch04.doc
Homeless Veterans <http://www1.va.gov/homeless/>
HSR&D Home <http://www.hsr.d.research.va.gov/>
Index to Disability Examination Worksheets C&P exams
<http://www.vba.va.gov/bln/21/benefits/exams/index.htm>
Ionizing Radiation <http://www1.va.gov/irad/>
Iraqi Freedom/Enduring Freedom Veterans VBA <http://www.vba.va.gov/EFIF/>
M 10 for spouses and children <
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1007
M10 Part III Change 1
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1008
M21-1 Table of Contents http://www.warms.vba.va.gov/M21_1.html
Mental Disorders, Schedule of Ratings
http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC
Mental Health Program Guidelines
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094
Mental Illness Research, Education and Clinical Centers <http://www.mirecc.med.va.gov/>
MS (Multiple Sclerosis) Centers of Excellence <http://www.va.gov/ms/about.asp>
My Health e Vet <http://www.myhealth.va.gov/>
NASDVA.COM <http://nasdva.com/>
National Association of State Directors <http://www.nasdva.com/>
National Center for Health Promotion and Disease Prevention
<http://www.nchpdp.med.va.gov/postdeploymentlinks.asp>
Neurological Conditions and Convulsive Disorders, Schedule of Ratings
<http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4%5F124a.doc>
OMI (Office of Medical Inspector) <http://www.omi.cio.med.va.gov/>
Online VA Form 10-10EZ <https://www.1010ez.med.va.gov/sec/vha/1010ez/>
Parkinson's Disease and Related Neurodegenerative Disorders
<http://www1.va.gov/resdev/funding/solicitations/docs/parkinsons.pdf>
and, <http://www1.va.gov/padrecc/>
Peacetime Disability Compensation http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131
Pension for Non-Service-Connected Disability or Death
http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapteri_.html and,
http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapterii_.html
and, http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapteriii_.html
Persian Gulf Registry
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1003
This program is now referred to as Gulf War Registry Program (to include Operation Iraqi Freedom) as of March 7, 2005:
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1232
Persian Gulf Registry Referral Centers
http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1006
Persian Gulf Veterans' Illnesses Research 1999, Annual Report To Congress
http://www1.va.gov/resdev/1999_Gulf_War_Veterans'_Illnesses_Appendices.doc
Persian Gulf Veterans' Illnesses Research 2002, Annual Report To Congress
http://www1.va.gov/resdev/prt/gulf_war_2002/GulfWarRpt02.pdf
Phase I PGR http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1004
Phase II PGR http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1005
Policy Manual Index <http://www.va.gov/publ/direc/eds/edsmps.htm>
Power of Attorney http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch03.doc
Project 112 (Including Project SHAD) <http://www1.va.gov/shad/>

Prosthetics Eligibility

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337

Public Health and Environmental Hazards Home Page

<http://www.vethealth.cio.med.va.gov/>

Public Health/SARS <http://www..publichealth.va.gov/SARS/>

Publications Manuals <http://www1.va.gov/vhapublications/publications.cfm?Pub=4>

Publications and Reports

http://www1.va.gov/resdev/prt/pubs_individual.cfm?webpage=gulf_war.htm

Records Center and Vault Homepage <http://www.aac.va.gov/vault/default.html>

Records Center and Vault Site Map <http://www.aac.va.gov/vault/sitemap.html>

REQUEST FOR AND CONSENT TO RELEASE OF INFORMATION FROM CLAIMANT'S RECORDS

<http://www.forms.va.gov/va/Internet/VARF/getformharness.asp?formName=3288-form.xft>

Research Advisory Committee on Gulf War Veterans Illnesses April 11, 2002

http://www1.va.gov/rac-gwvi/docs/Minutes_April112002.doc

Research Advisory Committee on Gulf War Veterans Illnesses

http://www1.va.gov/rac-gwvi/docs/ReportandRecommendations_2004.pdf

Research and Development http://www.appc1.va.gov/resdev/programs/all_programs.cfm

Survivor's and Dependents' Educational Assistance

http://www.access.gpo.gov/uscode/title38/partiii_chapter35_.html

Title 38 Index Parts 0-17

[http://ecfr.gpoaccess.gov/cgi/t/text/text-](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.t)

[idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.t](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1_02.t)

pl

Part 18

[http://ecfr.gpoaccess.gov/cgi/t/text/text-](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.t)

[idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.t](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.t)

pl

Title 38 Part 3 Adjudication Subpart A "Pension, Compensation, and Dependency and Indemnity Compensation

[http://ecfr.gpoaccess.gov/cgi/t/text/text-](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.t)

[idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.t](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.t)

Title 38 Pensions, Bonuses & Veterans Relief (also 3.317 Compensation for certain disabilities due to undiagnosed illnesses found here)

[http://ecfr.gpoaccess.gov/cgi/t/text/text-](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.t)

[idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.t](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3_main_02.t)

Title 38 PART 4--SCHEDULE FOR RATING DISABILITIES Subpart B--

DISABILITY RATINGS

[http://ecfr.gpoaccess.gov/cgi/t/text/text-](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38)

[idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38)

Title 38 § 4.16 Total disability ratings for compensation based on unemployability of the individual. PART 4SCHEDULE FOR RATING DISABILITIES- General Policy in Rating

[http://ecfr.gpoaccess.gov/cgi/t/text/text-](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rgn=div8&view=text&node=38:1.0.1.1.5.1..96.11&idno=38)

[idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rgn=div8&view=text&node=38:1.0.1.1.5.1..96.11&idno=38](http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rgn=div8&view=text&node=38:1.0.1.1.5.1..96.11&idno=38)

U.S. Court of Appeals for Veterans Claims <http://www.vetapp.gov/>

VA Best Practice Manual for Posttraumatic Stress Disorder (PTSD)

<http://www.avapl.org/pub/PTSD%20Manual%20final%206.pdf>

VA Fact Sheet <http://www1.va.gov/opa/fact/gwfs.html>

VA Health Care Eligibility <http://www.va.gov/healtheligibility/home/hecmain.asp>

VA INSTITUTING GLOBAL ASSESSMENT OF FUNCTION (GAF)

<http://www.avapl.org/gaf/gaf.html>

VA Life Insurance Handbook Chapter 3

<http://www.insurance.va.gov/inForceGliSite/GLIhandbook/glibookletch3.htm#310>

VA Loan Lending Limits and Jumbo Loans http://valoans.com/va_facts_limits.cfm
VA MS Research <http://www.va.gov/ms/about.asp>
VA National Hepatitis C Program <http://www.hepatitis.va.gov/>
VA Office of Research and Development <http://www1.va.gov/resdev/>
VA Trainee Pocket Card on Gulf War <http://www.va.gov/OAA/pocketcard/gulfwar.asp>
VA WMD EMSHG <http://www1.va.gov/emshg/>
VA WRIISC-DC <http://www.va.gov/WRIISC-DC/>
VAOIG Hotline Telephone Number and Address <http://www.va.gov/oig/hotline/hotline3.htm>
Vet Center Eligibility - Readjustment Counseling Service
<http://www.va.gov/rcs/Eligibility.htm>
Veterans Benefits Administration Main Web Page <http://www.vba.va.gov/>
Veterans Legal and Benefits Information <http://valaw.org/>
VHA Forms, Publications, Manuals <http://www1.va.gov/vhapublications/>
VHA Programs - Clinical Programs & Initiatives
http://www1.va.gov/health_benefits/page.cfm?pg=13
<http://webmaila.juno.com/webmail/new/UrlBlockedError.aspx>>
VHA Public Health Strategic Health Care Group Home Page <http://www.publichealth.va.gov/>
VHI Guide to Gulf War Veteran's Health
http://www1.va.gov/vhi_ind_study/gulfwar/istudy/index.asp
Vocational Rehabilitation <http://www.vba.va.gov/bln/vre/>
Vocational Rehabilitation Subsistence
<http://www.vba.va.gov/bln/vre/InterSubsistencefy04.doc>
VONAPP online <http://vabenefits.vba.va.gov/vonapp/main.asp>
WARMS - 38 CFR Book C <http://www.warms.vba.va.gov/bookc.html>
Wartime Disability Compensation http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1110
War-Related Illness and Injury Study Center - New Jersey <http://www.wri.med.va.gov/>
Welcome to the GI Bill Web Site <http://www.gibill.va.gov/>
What VA Social Workers Do <http://www1.va.gov/socialwork/page.cfm?pg=3>
WRIISC Patient Eligibility <http://www.illegion.org/va1.html>